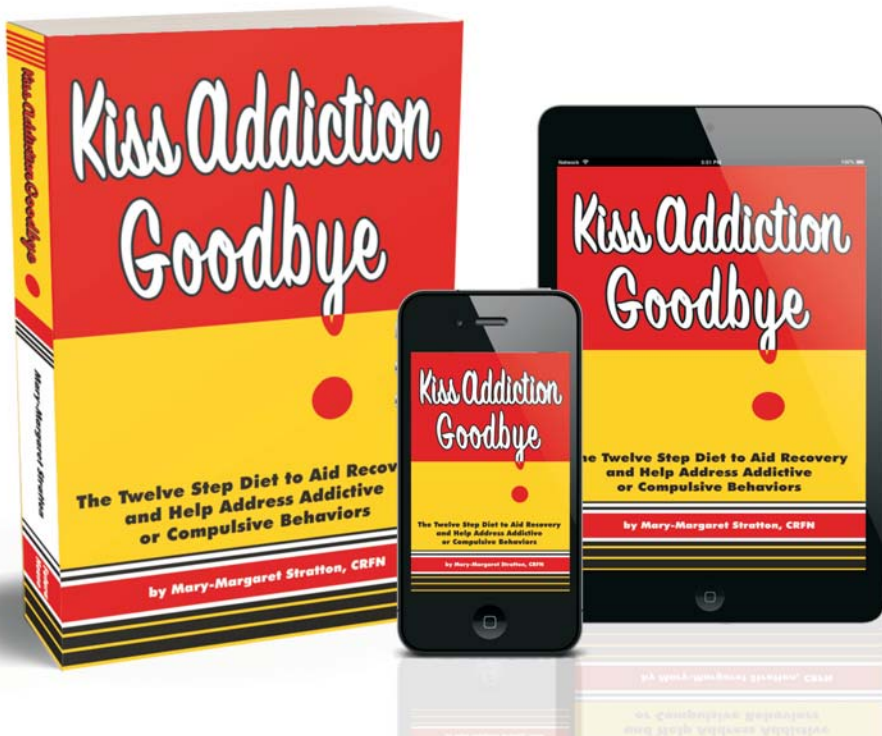


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**About the Author**

UCLA grad, Mary-Margaret Stratton, aka anand sahaja, is a producer, UX architect and award-winning Creative Director. In 2011, she was ordained as an Essene Minister. Essenes are noted for commitment to peace and a live food diet.



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