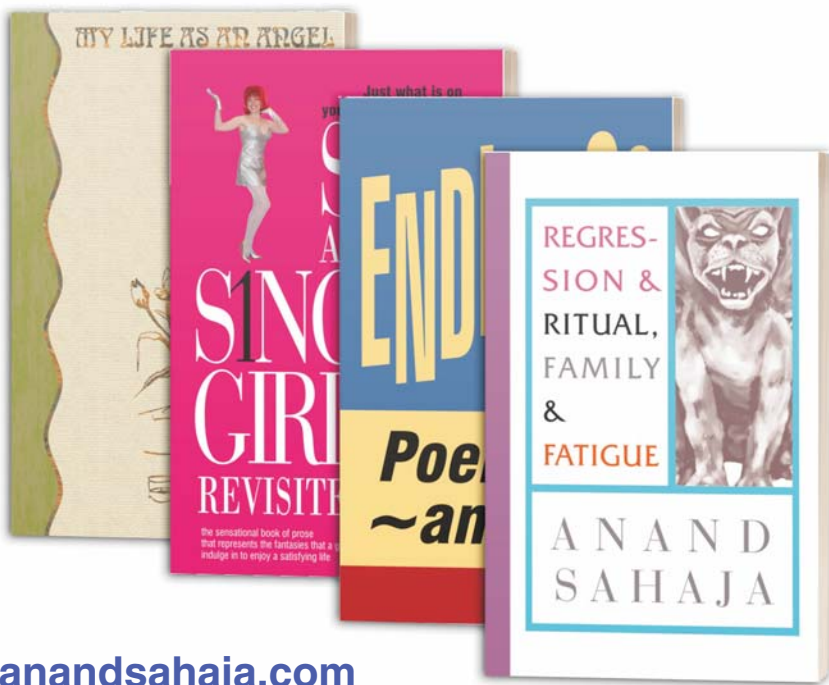




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**About the Author**

UCLA grad, Mary-Margaret Stratton, aka anand sahaja, is a producer, UX architect and award-winning Creative Director. She enjoys writing short and punchy, irreverent and Insightful poetry and prose. In 2011, she was ordained as an Essene Minister. the Essenes are noted for commitment to peace and a live food diet.



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