

What Would Jesus Eat?



Dominant Health is a collection of studies, research, and practical advice written for the purpose of helping people learn how to stay disease-free, manage their weight healthfully, look great, and stay young longer.

Learn how all of the secrets to longevity and health have a spiritual component to them.

Matthew's words will provide you with great hope for healing, and deep faith for your future.



Dominant Health

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Highly Recommended for Book Clubs!

Printed in Extra Large Fancy Print...
so everyone can enjoy!

About the Author

Matthew "Raw Matt" Nailor
Professional Fight Champion,
Lecturer, Formulator of Epic Elixirs,
and Ordained Essene, has won
numerous competitions including
the prestigious Jujitsu purple belt
competition in Brazil.



"Time does not age us. Our choices age us."

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2620 South Maryland Parkway #345 Las Vegas, NV 89109 724-243-2554
futurahouse.com